# NORTHERN GUILD PSYCHOTHERAPY AND COUNSELLING Established 1983

# **WORKSHOPS**





# Welcome

## Northern Guild Psychotherapy and Counselling

As one of the leading UK training schools for Psychotherapists and Counsellors the Northern Guild is a professional training organisation that provides qualification routes onto the following Professional Registers:

- United Kingdom Council for Psychotherapy (UKCP)
- British Association for Counselling and Psychotherapy (BACP)

Our Masters (MSc) programme provides a route to gaining an academic degree and can be taken alongside our professional training leading to professional qualification.

If you are looking to develop or enhance a successful career in Counselling or Psychotherapy, the Northern Guild offers a wide range of dynamic and creative courses, overseen by leading practitioners in the field.

With over 30 years in the profession and with affiliations with major governing bodies, placement opportunities and internships, we are confident that our training will provide you with the opportunity to develop a truly satisfying and rewarding career within the profession.

#### **Key Features of Northern Guild Training:**

- Vocational
- Professionally Accredited
- Flexible we recognise that some students need Individual Learning Plans and we can
  develop bespoke training programmes for them. We also support those who may need a
  break in their studies at some point.
- Community based learning in a friendly, supportive and comfortable environment
- Provided by highly qualified experienced professionals
- Training is offered at weekends or weekday evenings to help fit in with your existing arrangements.
- Theoretical knowledge, research and practical skills are developed alongside direct experience of working with clients, supported by the supervision process
- The course structure allows you to develop at your own pace
- Accreditation of Prior Learning (APL) enables you to enter training at the right level for you
- Arts based Creative Methods Training
- Cost effective we offer additional qualification options where you are able to obtain two or more qualifications for a much reduced price.
- Interest free finance options are available.

Please visit our website at www.northernguild.org for further information or call 0191 209 8383.

# List of CPD Workshops 2018-19

Workshop fees start from £110 per day.

Workshop Title	Dates	Time	
Introduction to Therapeutic	21 - 23 Sept 2018	10.00am - 4.30pm	
Practice	29 - 31 Jan 2019	10.00am - 4.30pm	
Legal, Ethical & Protection Issues in Therapeutic Work	28-30 Sept 2018	Friday 5.00pm - 9.00pm, Saturday & Sunday 10.00am - 5.00pm	
	18 - 20 Jan 2019		
	26 - 28 July 2019		
Inner Child	25 - 29 March 2019	10.00am - 5.00pm	
Advanced Reflective Practice	5-7 July 2019	10.00am - 5.00pm	
Primal Self	9 & 10 Feb 2019	10.00am - 5.00pm	
	Fri 25 Jan 2019	10.00am - 5.00pm	
The second Deposition was	Fri 3 May 2019	10.00am - 5.00pm	
Themed Practicum	Fri 30 Nov 2018	10.00am - 5.00pm	
	Fri 22 Mar 2019	10.00am - 5.00pm	
	1-3 Sept 2018	10.00am - 5.00pm	
Story & Metaphor	27-29 April 2019	10.00am - 5.00pm	
Researching Counselling & Psychotherapy	3-5 Oct 2018	10.00am - 5.00pm	
	3-5 Nov 2018	10.00am - 5.00pm	
	2-4 Aug 2019	10.00am - 5.00pm	
Sand Tray	11-13 Feb 2019	10.00am - 5.00pm	
	8-10 April 2019	10.00am - 5.00pm	
	29-31 May 2019	10.00am - 5.00pm	
	3-5 Oct 2018	10.00am - 5.00pm	
lmagan.	19-21 Oct 2018	10.00am - 5.00pm	
Imagery	30 Mar - 1 April 2019	10.00am - 5.00pm	
	21-23 June 2019	10.00am - 5.00pm	
Contificate in Clinical Communication	0 12 July 2010	Mon-Thurs 10.00am - 6.00pm	
Certificate in Clinical Supervision	8-12 July 2019	Fri 10.00am - 4.30pm	
Puppetry	1-2 Sept 2018	10.00am - 4.30pm	

### **Statement of Equality and Diversity**

The Northern Guild for Psychotherapy and Counselling respects the dignity and individuality of all our stakeholders, these include:

- Service users
- Teaching professionals
- Clinical team
- Administrative and clerical teams
- Cleaning team
- Partner agencies
- Employed professionals and self-employed workers
- Applicants
- Visitors

At the heart of our ethos, is our respect for the integrity of the individual. Mindful of the psychological impact of social exclusion, and to ensure that practically we 'do what we say', The Northern Guild seeks to be aware of and address the needs of all employed and self-employed workers, service users, applicants, partners and visitors, and show due regard to those with protected characteristics including race, sexual orientation, religion or belief, marriage and civil partnership, pregnancy and maternity, age, disability, gender reassignment, and gender. We aim to promote an inclusive community, which enables access for all to personal development and growth. In accordance with the Equality Act 2010 we do not tolerate direct discrimination on the grounds of one or more protected characteristics, or discrimination by association or perception. We also take measures to identify and eliminate instances of indirect discrimination from our policies, procedures and practices.

We will actively prevent victimisation of any individual who chooses to exert their legal rights in line with the Equality Act 2010.

This statement is actively supported through our admissions policy, qualifications procedures, operational policy, committee infrastructure, training materials, handbook, client evaluation and community meetings for students where we positively encourage feedback and implement recommendations in the spirit of continuous improvement.

Following developments in equality legislation nationally, we are guided by models of best practice and through our accrediting organisations, UKCP and BACP.



#### **Our Training**

Students initially learn to use the Psychodynamic and relational model of Transactional Analysis alongside other core Humanistic theoretical approaches to their work. They will gradually assimilate knowledge, skills and techniques that will facilitate their development as counsellors or psychotherapists. These include aspects of child and adult development, neuroscience, attachment theory, and ethics, normal and psychopathological states of health.

Progress is assessed by a variety of means, and you will learn to present your developing ideas and skills in written format, group situations and through case presentations of your clinical practice. All assessments involve application to actual practice and are therefore alive and stimulating rather than dry pieces of work.

### **Our Training Professionals**

Jennie McNamara and Christine Lister-Ford are the company founders and directors; both are UKCP Honorary Fellows and registered Psychotherapists. Christine is author of the acclaimed 'Skills in Transactional Analysis Counselling & Psychotherapy', is former vice chair of the UKCP, and for over twenty years has sat on numerous national and international committees, leading developments within the profession.

Jennie is actively involved with the UKCP College for Child & Adolescent Psychotherapies and is a former Chair. Her previous roles included President of the European Association for Counselling (EAC), Chair of the UKCP Faculty for the Psychological Health of Children and member of the UKCP Board of Trustees. She is active on standards and assessment boards across the profession. Jennie is Head of Child Psychotherapy & Counselling Training at the Northern Guild.

Both Jennie and Christine are also Independent Consultant Psychotherapists, and act as independent experts to the Child & Family Courts as well as continuing to maintain their respective clinical practices for over thirty-five years.

Sarah Hamlyn is a specialist in Standards, Professional Registration and Accreditation. She is Involved in the development of training standards at a national level. Sarah is Chair of the UKCP Psychotherapeutic Counselling Assessment & Training Board. Alongside the Directors she developed the Northern Guild's MSc programme and maintains links with Newman University, the Humanistic and Integrative College of UKCP and BACP to both influence and respond to professional and academic requirements relating to training and registration.

The considerable experience of these three professionals is brought to life in the training sessions. They teach alongside an excellent and diverse team of qualified, specialist and knowledgeable tutors – many being UKCP Registered Psychotherapists.

The training team includes the Guild's supervisors, who are qualified Psychotherapists, and who will each contribute a great deal to your clinical experience over the course of your training.

### **Training, Therapy & Supervision Centres**

Training takes place at our Newcastle and Teesside Centres. Each building is Victorian in design and were built in the 1860s. They are bright, have large ceilings and contain a number of stylish training rooms. During training sessions students will also use a number of our smaller consulting rooms as 'breakout' areas for activities such as group work and skills practice sessions.

We have established therapy and supervision practices at both our Newcastle and Teesside sites. They provide a warm, professional and calm atmosphere.

Students from Durham, Teesside, Yorkshire and beyond can arrange their personal therapy and supervision at our Northern Guild Centre on Teesside.



### **Library Facilities**

We have an onsite library situated in the Guild Hall at our Newcastle Centre where students can access our specialist collection of texts. We provide information on a variety of other available resources. MSc Students also have access to the Northern Guild e-library.



#### Freudz Café

At the Northern Guild's training Centre in Newcastle, we have an on-site café that offers good coffee, specialty teas and a range of hot and cold food, drinks and snacks.

#### How to find us or contact us

Both of our Newcastle and Teesside Centres are conveniently located near to main roads, railway stations (or Metro stations) and are close to International Airports. The full address of each site is as follows:

TeessideNewcastle77 Acklam Road83 Jesmond RoadThornabyNewcastle-upon-TyneStockton-on-TeesTyne and WearTS17 7BDNE2 1NH

Our phone numbers are 0191 209 8383 and 01642 309302.

Our Email info@northernguild.org or courses@northernguild.org

Our Websites <a href="http://www.northernguild.org/">http://www.northernguild.org/</a> and <a href="http://counselling.northernguild.org/">http://counselling.northernguild.org/</a>

# **Specialist Module / Workshop Registration Form**

Please complete this form in full, except that questions marked \* are only to be completed by applicants who are not members of Northern Guild (NG).

Workshop Title			
Workshop Date (s)			
Full Name			
Are you a current trainee at NG (Y/N)		If No, are you a member of NG (Y/N)	
Please give course details and year of study, if applicable			
Address*			
Occupation*			
Date of Birth*		Gender*	
Phone Number *		1	
Email Address *			
Please let us know why you wish to attend this module*			
Do you have other comments			
Special Requirements Please give details of any requirements or support you need to enable you to access this workshop			
Privacy Policy			
Northern Guild uses your dat of this form. All information p accordance with current Data	provided to us is classed as	strictly private and confider	itial and is held in
Signature:		Date:	

#### **Methods of Payment**

You can pay your fees using one of the following methods:

- a) In cash at our Northern Guild Office in Newcastle.
- b) By cheque made payable to "Northern Guild". Please allow six working days for clearance and write your name and course details on the reverse of the cheque.
- c) By credit or debit card, either at the Northern Guild Office in Newcastle or over the phone.
- d) By online bank payment to "Northern Guild" with the following details Sort code: 20-56-78 Account number: 83616975
- e) By Paypal. Our paypal email address for payment is <a href="mailto:payments@northernguild.org">payments@northernguild.org</a>

<b>D</b> I		
Please state your pa	lyment method	

#### **Booking Terms and Conditions**

- You can pay 50% of the specialist module / workshop fee as a deposit to secure your place. The remaining balance must be received in full on or before the date which is 4 weeks prior to the start date of the course or your place on the module / workshop will be forfeited.
- Fees are non-refundable and non-transferable and are payable for a full specialist module/workshop irrespective of attendance.
- Applicants will not be admitted onto a specialist module/workshop unless they have paid in full before the start date.
- Northern Guild in unable to accept liability for costs incurred as a result of date changes made due to circumstances beyond our control.
- Northern Guild reserves the right to cancel a specialist module/workshop, we will refund your payment or transfer you to the next specialist module/workshop dates at your request.
- Northern Guild reserves the right to change the syllabus and/or substitute tutors.

I agree to the booking terms and conditions as stated above:

Signed	Date

If you are a current trainee or a member of NG then please return this form to the Northern Guild office in Newcastle. If you are an external applicant (non-member) then please return this form with your CV to Northern Guild, 83 Jesmond Road, Newcastle upon Tyne, NE2 1NH. Alternatively you can email it to <a href="mailto:courses@northernguild.org">courses@northernguild.org</a>. Our phone number is 0191 209 8383.

### Northern Privacy Policy – Workshops / Specialist Modules

When you apply to train with us, we have an obligation and requirement to collect information about you.

Northern Guild needs to keep and process information about you for normal training purposes. The information we hold and process will normally be used to assist in the provision of training services to you and for administration purposes. We will keep and use it to enable us to run the organisation and manage our relationship with you effectively, lawfully and appropriately, during the application process, whilst you are training with us, at the time when your training ends and after you have left us. This includes information to enable us to comply with the training contract, to comply with any legal requirements, pursue the legitimate interests of the Company and protect our legal position in the event of legal proceedings. If you do not provide this data, we may be unable in some circumstances to comply with our obligations.

We may sometimes need to process your data to pursue our legitimate business interests, for example, for administrative purposes.

The kind of information we hold includes, that:

- Given on the Workshop Registration form (Name, Date of Birth, Address, Email Address, Phone Numbers, Gender, Occupation and Other information Disclosed to us (e.g. Special Requirements).
- Provided on your CV if made available to us
- Which we hold as your training provider if you are a current or as your previous training provider if you are an ex-student of ours
- From your email correspondence with us
- Which may be needed to collect and reimburse fees
- Which relates to complains made by you or about you.

Other than as mentioned below, we will only disclose information about you to third parties if we are legally obliged to do so, where we need to comply with our contractual duties to you or in order to fulfil our legitimate business interests (e.g. providing our accountant with details of your course payments).

If you are a prospective student, a current trainee, a graduate or professional then we will need to share your data with other individuals or organisations for the purposes of your training or professional development e.g. we will need to share your data with the tutor so that they can better understand your training needs.

If you do not want us to share your information, you should let us know, however this may adversely affect the service we can provide to you. However, there are times when we may still need to share it, for example:

- as part of our duty to protect a child, a vulnerable adult, yourself or the public
- for the prevention and detection of a crime
- for the assessment of any tax or duty or for the recovery of a debt
- as part of our obligations under the Prevent Duty
- if we are required to do so by a court of law

We keep information about you confidential. This means we store it securely and control who has access to it. We will only share such information as necessary, and where we are satisfied that the other individual or organisation is entitled to receive it.

If you believe that information we hold about you is incorrect, or if you have concerns about how we are handling your personal information, please contact us.

Under the General Data Protection Regulation (GDPR) you have a number of other rights with regard to your personal data. You have the right to request from us access to your personal data.

You have the right to lodge a complaint to the Information Commissioners' Office if you believe that we have not complied with the requirements of the GDPR with regard to your personal data.

Northern Guild is a data controller. We are responsible for collecting and processing your personal information. Processing includes the organisation, retrieval, consultation, use, storing and destruction of information and its disclosure to other parties.

Your personal data and training record will be retained for a period of seven years after the end of Northern Guild's financial year following the ending of your relationship with us. Core information will be retained for longer to enable us to prove that you trained with us and for archiving purposes.

If you would like further information then please contact us.

Northern Guild, 83 Jesmond Road, Newcastle upon Tyne, NE2 1NH

You can also refer to the Information Commissioner's Office website at <a href="https://ico.org.uk/">https://ico.org.uk/</a>

Last updated 13th December 2018