

NORTHERN GUILD PSYCHOTHERAPY AND COUNSELLING
Established 1983

WORKSHOP BROCHURE

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Introduction to Therapeutic Practice

- Date(s):** 29th – 31st January 2019
- Time:** 10.00am – 4.30pm each day
- Venue:** Newcastle Centre, 83 Jesmond Road, NE2 1NH
- Cost:** Members: £330 Non-members: £375
- Award:** Certificate of Attendance
- CPD:** 18 hours
- How to book:** Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or info@northernguild.org

Dreams Workshop

Date(s):	Not currently scheduled for 2018-19
Time:	TBC
Venue:	TBC
Cost:	£400
Award:	Certificate of Attendance
CPD:	15 hours
How to book:	Complete a workshop registration form and covering letter and return to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

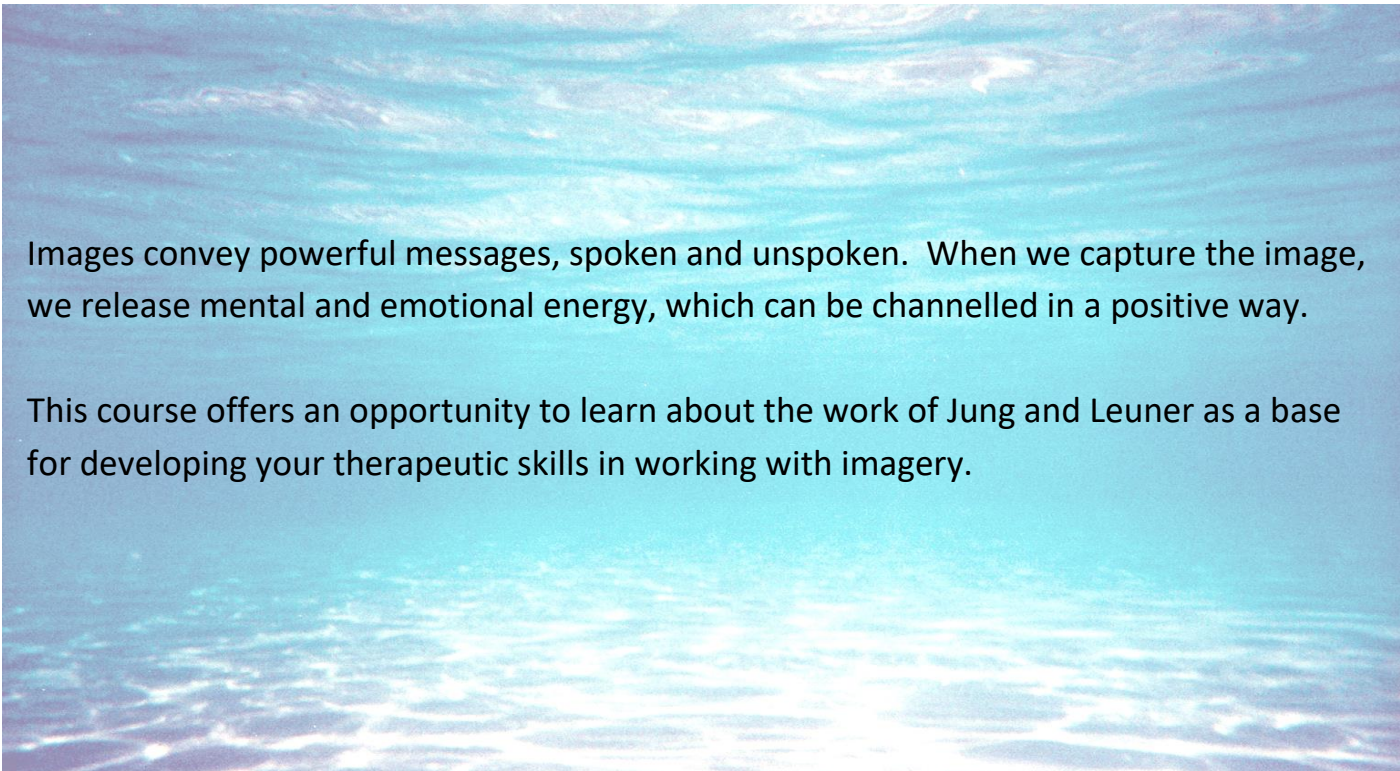
We all dream, we all talk about our dreams and they fascinate us. Dreams are a rich source of insight giving coded messages to help us make our way in the world. When the therapist enquires about a dream the client has the opportunity to speak of the dream and express its content in a new dynamic way. This can be a rich experience, which deepens our understanding of ourselves.

In this workshop we will explore the theoretical approaches and a range of methods for working with dreams. There will be an opportunity to work on your own dreams as well as skills practice.



Imagery and Active Imagination

Dates(s):	30 th Mar – 1 st Apr 2019 21 st – 23 rd June 2019
Time:	10.00am – 5.00pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Members: £330 Non-members: £375
Award:	Certificate of Attendance
CPD:	18 hours
How to book:	Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org



Images convey powerful messages, spoken and unspoken. When we capture the image, we release mental and emotional energy, which can be channelled in a positive way.

This course offers an opportunity to learn about the work of Jung and Leuner as a base for developing your therapeutic skills in working with imagery.

Inner Child: Depth Psychotherapy

Date(s):	25 th – 29 th March 2019
Time:	10.00am – 5.00pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Members: £550 Non-members: £625
Award:	Certificate of Attendance
CPD:	30 hours
How to book:	Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

- Understand the frozen child
- How to communicate with the inner child
- Identifying distress or trauma in childhood that emerges throughout life
- Non-verbal communication and body language
- Helping the wounded child to heal

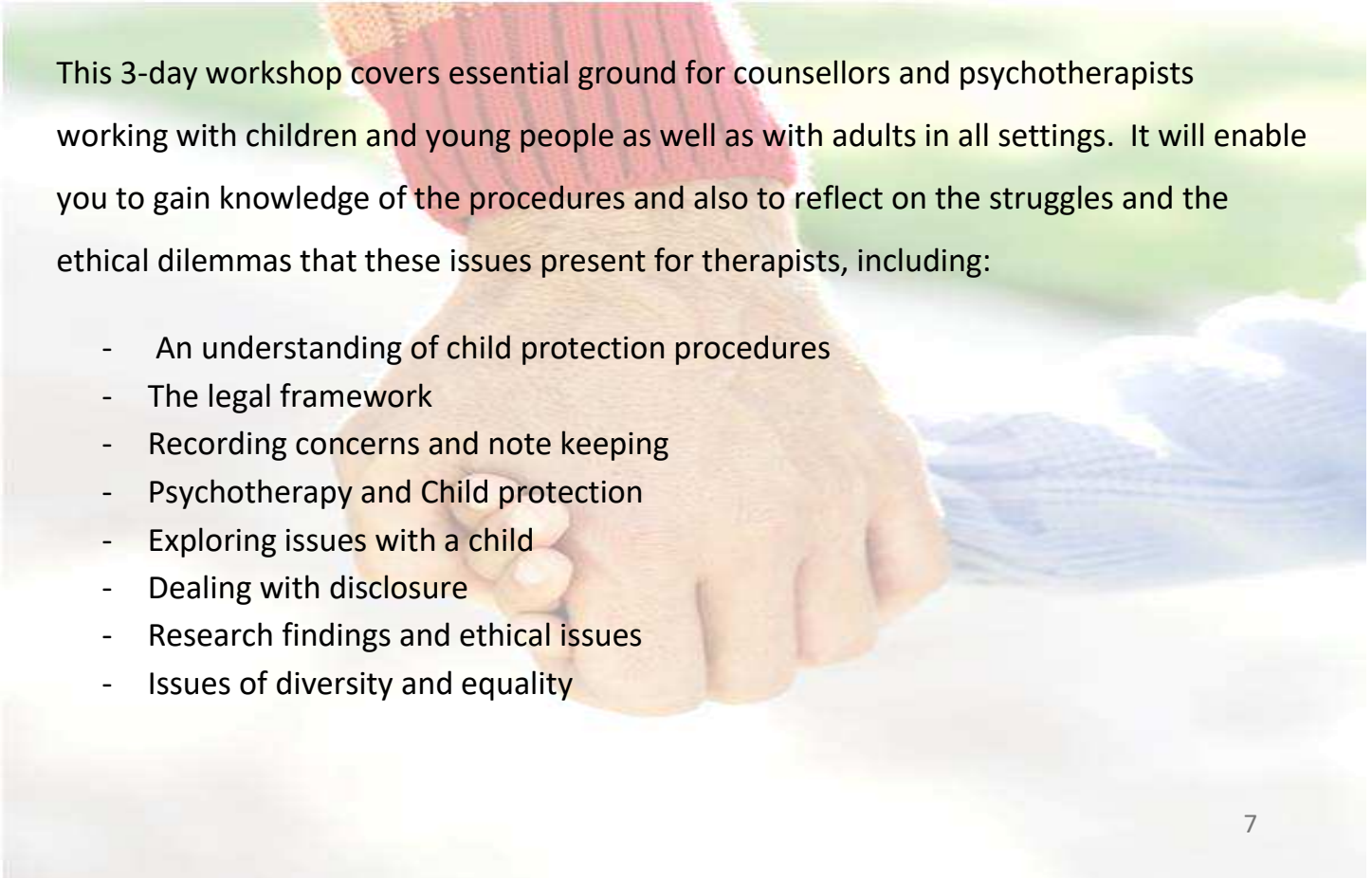
During the early stages of life our current identities were established, from birth to adolescence. Due to the impossibility of having all our needs met we grow on the outside while the child within us remains wounded.

Throughout this 5-day workshop you will have the opportunity to return to those various stages of your life to seek what your inner child missed. Learn how to listen and respond to the Inner Child through developing skills and methods in depth therapeutic work.

By unravelling these missing factors of childhood through theoretical discussions and experiential reference this course will enable you to understand yourself, as a child and as an adult, and consequently you will become a more attuned parent and adult.

Legal, Ethical & Protection Issues in Therapeutic Work

Dates(s):	18 th – 20 th January 2019 26 th – 28 th July 2019
Time:	Fri 5.00pm – 9.00pm, Sat & Sun 10.00am – 5.00pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Members: £330 Non-members: £375
Award:	Certificate of Attendance
CPD:	16 hours
How to book:	Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or info@northernguild.org



This 3-day workshop covers essential ground for counsellors and psychotherapists working with children and young people as well as with adults in all settings. It will enable you to gain knowledge of the procedures and also to reflect on the struggles and the ethical dilemmas that these issues present for therapists, including:

- An understanding of child protection procedures
- The legal framework
- Recording concerns and note keeping
- Psychotherapy and Child protection
- Exploring issues with a child
- Dealing with disclosure
- Research findings and ethical issues
- Issues of diversity and equality

Primal Self

Date(s):	9 th & 10 th February 2019
Time:	10.00am – 5.00pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Members: £230 Non-members: £250
Award:	Certificate of Attendance
CPD:	12 hours
How to book:	Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

These two days are intended for practitioners who are working with child or adult clients and who are keen to deepen their knowledge of the Primal Self.

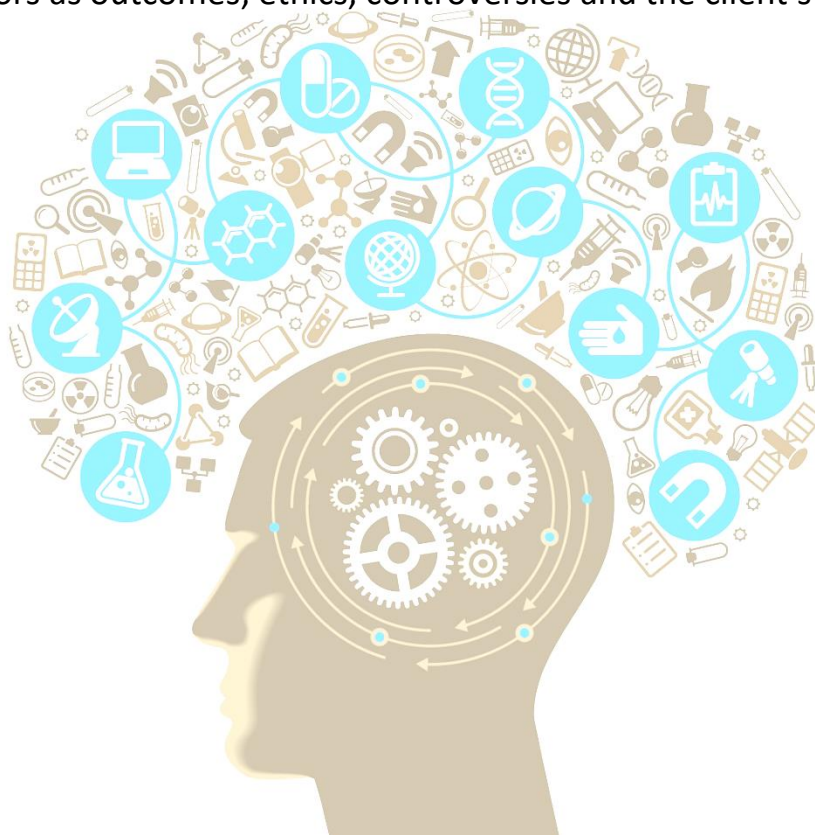
During this specialist module, we will attempt to answer the question ‘What is the Primal Self?’

We will explore the healthy quest for the relationship that begins before birth which, known or unknown, is within us throughout our lives. We will learn from information, learned and experienced from your clinical practice, academic wisdom, recent neuroscientific discovery and experientially from the infants within ourselves.

Researching Counselling and Psychotherapy

- Date(s):** 2nd – 4th August 2019
- Time:** 10.00am – 5.00pm
- Venue:** Newcastle Centre, 83 Jesmond Road, NE2 1NH
- Cost:** Members: £330 Non-members: £350
- Award:** Certificate of Attendance
- CPD:** 18 hours
- How to book:** Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

Whether research is new or is already familiar to you, there is a place for you here! This three-day workshop will look at narrative, numbers and new methodologies; how poems, process and positivism produce pluralism; Carl Roger’s core conditions and common therapeutic factors as outcomes; ethics, controversies and the client’s voice.



Sand Tray

Date(s):	11 th – 13 th February 2019 8 th – 10 th April 2019
Time:	10.00am – 5.00pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Members: £330 Non-members: £375
Award:	Certificate of Attendance
CPD:	18 hours
How to book:	Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

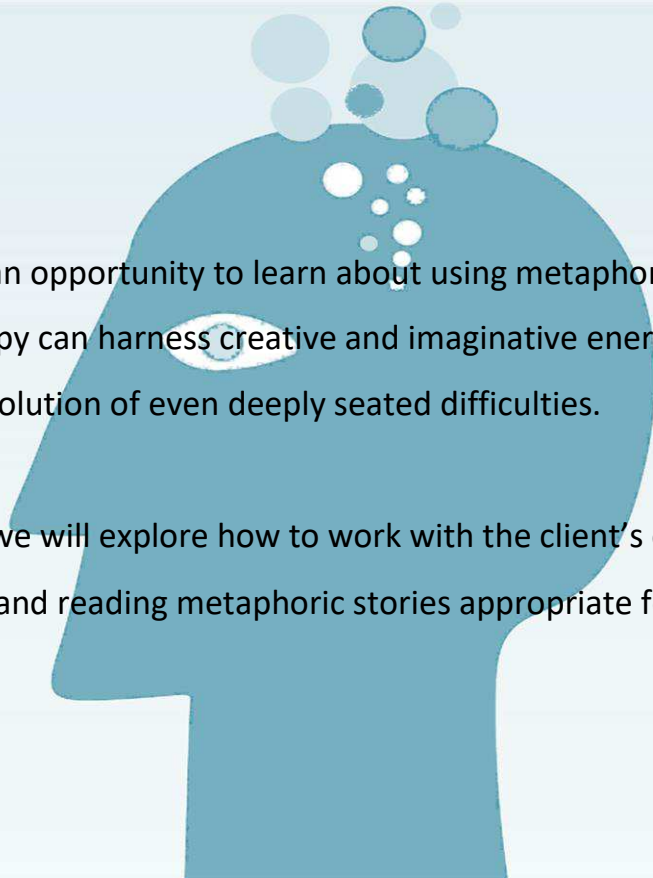
A three-part workshop designed for therapists interested in exploring the ways that sand play facilitates growth and healing and in expanding their repertoire of therapeutic tools incorporating sand play into their practices this practical workshop is an invaluable source.

Sand play utilises a tray of sand in which the client can rhythmically move, build, or create a scene using small objects – a non-verbal communication of their internal and external worlds.

The course entails a history and benefits of Sand tray work, and step by step instructions on how to conduct spontaneous and directed sand tray therapy sessions. This workshop is a good foundation for integrating sand play which will also stimulate the creative process because like the client, who sees internal and interpersonal dynamics and dilemmas the participant will find this workshop a powerful experiential tool that will reveal insights, information and paths to explore through experimenting and being part of their own and others in the workshop sand play creativity.

Story and Metaphor

- Date(s):** 27th – 29th April 2019
- Time:** 10.00am – 5.00pm
- Venue:** Newcastle Centre, 83 Jesmond Road, NE2 1NH
- Cost:** Members: £330 Non-members: £375
- Award:** Certificate of Attendance
- CPD:** 18 hours
- How to book:** Complete a workshop registration form and return with payment to Northern Guild office (83 Jesmond Road), or to info@northernguild.org



This course offers an opportunity to learn about using metaphor effectively. Using Metaphor in Therapy can harness creative and imaginative energy and lead to integration and resolution of even deeply seated difficulties.

During the course we will explore how to work with the client's own metaphors, as well as creating and reading metaphoric stories appropriate for a client's needs.

Certificate in Clinical Supervision

- Date(s):** 8th – 12th July 2019
- Time:** Mon – Thurs: 10.00am – 6.00pm, Fri: 10.00am – 4.00pm
- Venue:** Newcastle Centre, 83 Jesmond Road, NE2 1NH
- Cost:** Members: £695 Non-members: £745
- Award:** Certificate in Clinical Supervision
- How to book:** Complete a workshop registration form, CV and covering letter, and return to Northern Guild office (83 Jesmond Road), or to info@northernguild.org



This training will focus on:

- Supervisory relationship
- Values and ethics
- Interpersonal Process Recall
- Development stages of supervision
- Transference and counter-transference

A 5-day standalone intensive training, this course is designed for those whose work involves the supervision of others within the helping professions. Increasingly governing bodies are moving towards supervisors undertaking professional training in supervision.

This course will appeal to psychologists, psychotherapists, counsellors and staff from the care sector, the mental health sector and social services.

It is suitable for beginning supervisors as well as those with experience in the field who are looking to consolidate their learning and gain a qualification.

Enhancement of knowledge, skills and reflexivity in individual supervisory practice is the focal point of learning. This is experienced through consideration of a range of theoretical perspectives alongside practical sessions.

Diploma in Clinical Supervision

Creative Methods in Supervision

Date(s):	Will next be scheduled to run in 2019-20
Time:	10.00am – 4.30pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Supervisors: £360 Supervisees: £50
Award:	Certificate of Attendance
How to book:	Complete a workshop registration form, CV and covering letter, and return to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

This training forms part of the 10-day supervision training, which is a route to the Certificate and Diploma in Clinical Supervision.

Overview of the topic:

Creativity releases energy and allows flow and movement in supervision.

When we are in stuck places or can't find the words, the use of creative media facilitates spontaneity and connects both the supervisor and supervisee in an energetic process. This in turn can lead to more satisfying outcomes in the supervision and alleviates anxiety.

The first two days of the course will explore theoretical input, group discussion and experimental exercise. Day three will focus on supervised supervision.

Diploma in Clinical Supervision

Containing Malicious Projections in Supervision

Date(s):	Will next be scheduled to run in 2019-20
Time:	10.00am – 4.30pm
Venue:	Newcastle Centre, 83 Jesmond Road, NE2 1NH
Cost:	Supervisors: £360 Supervisees: £50
Award:	Certificate of Attendance
How to book:	Complete a workshop registration form, CV and covering letter, and return to Northern Guild office (83 Jesmond Road), or to info@northernguild.org

This training forms part of the 10-day supervision training, which is a route to the Certificate and Diploma in Clinical Supervision.

Overview of the topic:

Malicious projections are an attack on moral goodness. They contain “... wicked or mischievous intentions or motives; are wrongful and done intentionally without just cause or excuse...”

This workshop will focus on understanding what happens to the supervisee when they are the focus of this kind of attack and on the approaches to working with the projections in order to understand the energy driving them and how to work with that energy.

The first two days of this course will explore theoretical input, group discussion and experiential exercise. Day three will focus on supervised supervision.

Statement of Equality and Diversity

The Northern Guild for Psychotherapy and Counselling respects the dignity and individuality of all our stakeholders, these include:

- service users
- teaching professionals
- clinical team
- administrative and clerical team
- cleaning team
- partner agencies
- employed staff and self-employed professionals
- applicants
- visitors

At the heart of our ethos, is our respect for the integrity of the individual. Mindful of the psychological impact of social exclusion, and to ensure that practically we *'do what we say'*, the Northern Guild seeks to be aware of addressing the needs of all employed and self-employed workers, service users, applicants, partners and visitors, and show due regard to those with protected characteristics including race, sexual orientation, religion or belief, marriage and civil partnership, pregnancy and maternity, age, disability, gender reassignment, and gender. We aim to promote an inclusive community, which enables access for all to personal development and growth. In accordance with the Equality Act 2010 we will not tolerate direct discrimination on the grounds of one or more protected characteristics or discrimination by association or perception. We also take measures to identify and eliminate instances of indirect discrimination from our policies, procedures and practices.

We condemn any form of harassment of individuals, including those with protected characteristics.

We will actively prevent victimisation of any individual who chooses to exert their legal rights in line with The Equality Act 2010.

This statement is actively supported through our admissions policy, qualifications procedures, operational policy, committee infrastructure, training materials, handbook, client evaluation and community meetings for students where we positively encourage feedback and implement recommendations in the spirit of continuous improvement.

Following developments in equality legislation nationally, we are guided by models of best practice and through our accrediting organisations, UKCP and BACP.

Our Training Team

Jennie McNamara and Christine Lister-Ford are the company founders and directors; both are UKCP registered Psychotherapists and UKCP Honorary Fellows. Christine is author of the acclaimed 'Skills in Transactional Analysis Counselling & Psychotherapy', is former vice chair of the UKCP, and for over twenty years has sat on numerous national and international committees, leading developments within the profession.

Jennie is Head of Child Psychotherapy & Counselling Training at the Northern Guild. She is the former Chairperson of the UKCP College for Child & Adolescent Psychotherapies (C-CAP) and is also the former President of the European Association for Counselling (EAC). Jennie is very active on standards boards across the profession. Jennie is also the former Chair of the UKCP Faculty for the Psychological Health of Children.

Both Jennie McNamara and Christine Lister-Ford are also Independent Consultant Psychotherapists, and act as independent experts to the Child & Family Courts as well as continuing to maintain their respective clinical practices for over thirty-five years.

Sarah Hamlyn is Northern Guild's Co-ordinator of Psychotherapy Training and is a specialist in Standards, Professional Registration and Accreditation. Involved in the development of training standards at a national level, Sarah is Vice-Chair of the UKCP Psychotherapeutic Counselling Assessment Training Board. Alongside the Directors she developed the Northern Guild's MSc programme and maintains links with the Newman University, the Humanistic and Integrative Psychotherapy College of UKCP and the BACP to both influence and respond to professional and academic requirements relating to training and registration. She also oversees student's clinical supervision process.

The considerable experience of these three professionals is brought to life in the training sessions. They teach alongside an excellent and diverse team of highly qualified, specialist and knowledgeable tutors – most of whom are UKCP Registered Psychotherapists – and together they clock an impressive number of years in practice.

The training team also includes the Guild's supervisors, who are qualified Psychotherapists, and who will each contribute a great deal to your clinical experience over the course of your training.

Training Therapy & Supervision Centres

Training takes place at our Newcastle and Teesside centres. Each building is Victorian in design and both were built in the 1860s. They are bright, have high ceilings and contain a number of stylish training rooms. During training sessions students will also use a number of our smaller consulting rooms as 'breakout' areas for activities such as group work and skills practice sessions.

We have established therapy and supervision practices at both our Newcastle and Teesside sites. They provide a warm, professional and calm atmosphere.

Students from Durham, Teesside, Yorkshire and beyond can arrange their personal therapy and supervision at our Northern Guild centre in Teesside.

Café Freudz

At Northern Guild's training centre in Newcastle, we have an on-site café that offers good coffee, specialty teas and a range of hot and cold food, drinks and snacks.

Contact Us

Northern Guild
83 Jesmond Road
Newcastle upon Tyne
NE2 1NH

77 Acklam Road
Thornaby
Stockton on Tees
TS17 7BD

Tel: 0191 209 8383

Email: courses@northernguild.org

Tel: 01642 309 302

Email: courses@northernguild.org

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