



Trinity Academy Newcastle Multi Academy Trust Job Description

Post title: Child and Adolescent Psychotherapist

Payscale: N10 Term Time Only

Responsible to: CEO & Trust Parenting Lead

Job purpose:

- To provide a specialist child and adolescent psychotherapy assessment and treatment service for children, adolescents and their parents/carers and families who may be experiencing severe, highly complex and persistent behaviour and emotional difficulties and/or associated mental health problems.
- Under the direction of the Executive Leadership Team, to contribute to the development of child psychotherapy services within the Trust.
- The post holder will embrace the core values of the organisation and adopt the principles of Recovery. These principles will recognise the need to:
 - Promote safe practices
 - Value the aims of service users
 - Work in partnership and offer meaningful choice
 - Be optimistic about the possibilities of meaningful change
 - Value social inclusion

Main responsibilities

The following list is typical of the level of duties that the post holder will be expected to perform. It is not necessarily exhaustive and other duties of a similar type and level may be required from time to time.

1. Carefully observe children and young people and respond to what they might be communicating through their behaviour and play
2. Provide assessment and treatment of children and adolescents as individuals or in a group
3. To keep clinical notes and make reports for all referred students when required.
4. Provide a tailored approach to the individual child and work in an age-appropriate way.
5. Provide short-term and long-term interventions with children, young people and/or parents, from a few sessions to regular appointments over several years



6. Work alongside other professionals in planning how best to help a child and the child's family.
7. Work as part of multidisciplinary teams
8. To be an active member of the trust's team and as such provide information and training to the community, that supports the therapeutic environment of the trust.
9. Supervise trainee child psychotherapists and other therapists where appropriate
10. Plan service delivery in conjunction with Trust Parenting Lead and develop new services
11. Keep up to date with developments in theory and research and undertake continuing professional development (CPD).
12. Under guidance from the Trust Safeguarding Lead to ensure Policies and Procedures in relation to Safeguarding are kept up to date.
13. To ensure that all activity and interventions are appropriately recorded.
14. To attend training courses appropriate to the post in order to enhance personal and professional development, as well as to increase the quality of the service delivered by the organisation.
15. To agree work objectives and strategies with the appropriate persons.
16. To promote and implement the school's Equality Policy in all aspects of employment and service delivery
17. To be aware of and adhere to requirements of the Corporate Health and Safety Statement

As an employee of Trinity Academy Newcastle Multi Academy Trust, you may be required to work at any organisation within the Trust.