

**Do you want to make a difference to the lives of children and young people affected by eating distress?**

Eating Distress North East (EDNE) is the only eating distress charity in the region, with a 36 year track record of supporting people with eating distress and their loved ones.

We are recruiting for an experienced counsellor to work children and young people 13-18 years old dealing with issues associated with eating distress.

Our counselling approach is integrative and person-centred. As part of our counselling team, you will contribute to the holistic approach that EDNE services take to improving the health and wellbeing of people with eating distress.

We offer access to training opportunities to contribute to your professional development, including a training budget and regular peer supervision. Regular clinical supervision will be a requirement of the posts and EDNE will contribute to the cost of accessing this for this role. We also contribute towards the cost of BACP membership for counselling staff.

An Enhanced DBS check will be required for this post and applicants must be registered with the BACP / UKCP or equivalent, and either accredited or working towards accreditation.

To apply [download the candidate pack](#) and apply with your CV and covering letter.

Submit applications to [enquiries@edne.org.uk](mailto:enquiries@edne.org.uk) and get in touch with us at this address if you would like an informal chat about the role.